



Your pool fob will operate the fitness room entrance door located on the west side of the building closest to the main entrance to Shelton Square.

Please note the fitness facility rules:

FOR USE BY REGISTERED SHELTON SQUARE HOA MEMBERS ONLY. THIS FACILITY IS NOT SUPERVISED, BUT SECURITY CAMERAS & FOB MONITORING ARE IN PLACE.

- Use of the equipment is the responsibility of the guest.
- Guests are responsible for knowing his/her own physical limitations.
- No wet bathing suits or bare feet.
- Keep breakable objects out of fitness center.
- No alcoholic beverages.
- No eating, drinking, or horseplay permitted.
- No children under 14 are permitted in this facility. Teens age 14-17 are only permitted if in the company of an adult member of the household.
- Pick up after yourself: Always put your equipment away when you're done. Leaving weights, kettlebells, or other items lying around is not only rude but also a safety hazard.
- Wipe down all equipment. Even if you don't leave a puddle of sweat, wiping down touched surfaces helps prevent the spread of germs. It's considerate and shows you're a good gym community member.
- No audio speakers are permitted. Headphones are required for all audio/visual use.
- Don't talk on the phone: For privacy and respect, avoid phone conversations while working out. You're probably talking louder than you think!
- Appropriate exercise attire is required.

Homeowners will be able to access the fitness rooms and adjoining restrooms from 4AM to 10PM daily with the use of your key fob. The Manor House and Fitness Rooms are under 24-hour surveillance both with cameras and with key fob tracking.